

THE 20 CRITICAL NEEDS OF CHILDREN AND ADOLESCENTS

<u>PRIMARY ATTACHMENT</u>	Trust
<u>LOVE</u>	Nurturance, Support, Encouragement
<u>LIMITS</u>	Rules, Laws, Logical Consequences
<u>STIMULATION – of the Senses</u>	Cognitive, Visual, Auditory, Olfactory, Touch, Taste
<u>RELATIONSHIPS</u>	Peers, Intergenerational, Family, Friends
<u>MODELS AND MENTORS</u>	Adults – Guide, Counsel, Inspire
<u>SPACE</u>	Privacy - Temporal, Physical, Emotional
<u>RESPECT</u>	Civility, Respect
<u>CONSISTENCY</u>	Predictability, Stability
<u>EXPECTATIONS</u>	Responsibilities, Obligations, Participation
<u>SAFETY</u>	Security, Freedom from Fear and Want
<u>HEALTH/FITNESS</u>	
<u>EDUCATION</u>	
<u>VOCATION</u>	Opportunities
<u>RECREATION</u>	
<u>TRADITIONS</u>	Roots - Rituals, Family, Vacations
<u>ALTRUISM</u>	Generosity, Giving, Contributing, Forgiving, Kindness toward- rivals, those less fortunate or powerful than oneself
<u>HOPE</u>	Future Orientation, a Better Life
<u>AESTHETICS</u>	Music, Art, Literature, Poetry, Dance, Sports, Nature
<u>VALUES</u>	Ideology, Ethics, Beliefs, Religion

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